

Event number: 16: 400M MEDLEY WOMEN							Heat:2, starttime: 09:25	
Heat: 2/3 Lane : 2 Athlete: GRAHAM JIL							Q-time: 05:06:05	
PB (25m pool): 5:06.05 Gent 10 Nov 2024				PB (50m pool): 5:13.67 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		33.34		1:11.70		1:49.46		2:27.36
	33.34		38.36		37.76		37.90	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		3:13.70		4:00.03		4:33.59		5:06.05
	46.34		46.33		33.56		32.46	
								

Coach feedback:

Event number: 16: 400M MEDLEY WOMEN							Heat:2, starttime: 09:25	
Heat: 2/3 Lane : 6 Athlete: WILLAERT AYLA							Q-time: 05:03:16	
PB (25m pool): 5:03.16 Gent 10 Nov 2024				PB (50m pool): 5:05.55 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		31.72		1:09.65		1:48.43		2:26.73
	31.72		37.93		38.78		38.30	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		3:10.68		3:53.52		4:29.04		5:03.16
	43.95		42.84		35.52		34.12	
								

Coach feedback:

Event number: 17: 50M BACKSTROKE MEN										Heat:2, starttime: 09:40	
Heat: 2/7 Lane : 8 Athlete: OST RYAN										Q-time: 00:28:78	
PB (25m pool): 28.78 Hoogstraten 28 Sep 2025										PB (50m pool): 29.18 SB:	
	2 5 M		5 0 M								
PB			28.78								
			28.78								
											

Coach feedback:

OBC 25M 2025: Session: 3: COACH evaluation sheet for TEAM: HOZT

Event number: 17: 50M BACKSTROKE MEN				Heat:5, starttime: 09:40
Heat: 5/7 Lane : 7 Athlete: VAN WELLEN JOSEPH				Q-time: 00:27:17
PB (25m pool): 26.94 Sint-Amandsberg 19 Oct 2025				PB (50m pool): 27.27 SB:
	2 5 M	5 0 M		
PB		26.94		
	26.94			
				

Coach feedback:

Event number: 18: 100M BACKSTROKE WOMEN					Heat:6, starttime: 09:55
Heat: 6/6 Lane : 7 Athlete: VAN DE CLOOT ELINA					Q-time: 01:05:50
PB (25m pool): 1:04.28 Mol 30 Dec 2023					PB (50m pool): 1:06.69 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		30.99		1:04.28	
	30.99		33.29		
					

Coach feedback:

Event number: 22: 100M BREASTSTROKE WOMEN					Heat:6, starttime: 10:35
Heat: 6/6 Lane : 7 Athlete: WILLAERT AYLA					Q-time: 01:13:70
PB (25m pool): 1:13.70 Nijlen 17 Nov 2024					PB (50m pool): 1:15.32 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		35.06		1:13.70	
	35.06		38.64		
					

Coach feedback:

Event number: 23: 200M MEDLEY MEN							Heat:4, starttime: 10:45
Heat: 4/4 Lane : 6 Athlete: VAN WELLEN JOSEPH							Q-time: 02:07:01
PB (25m pool): 2:07.01 Gent 10 Nov 2024							PB (50m pool): 2:05.49 SB:
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5 2 0 0 M
PB		27.85		1:00.12		1:37.53	2:07.01
	27.85		32.27		37.41		29.48
							

Coach feedback:

OBC 25M 2025: Session: 3: COACH evaluation sheet for TEAM: HOZT

Event number: 24: 50M BUTTERFLY WOMEN										Heat:4, starttime: 10:55	
Heat: 4/6 Lane : 4 Athlete: VAN DE CLOOT ELINA										Q-time: 00:27:73	
PB (25m pool): 27.73 Gent 10 Nov 2024										PB (50m pool): 28.17 SB:	
	2 5 M		5 0 M								
PB			27.73								
	27.73										
											

Coach feedback:

Event number: 27: 4x50M FREESTYLE MIXED						Heat:2, starttime: 11:10		
Heat: 2/2 Lane : 1 Athlete: TEAM HOZT 1						Q-time: 01:43:10		
PB (25m pool):			PB (50m pool): No time			SB:		
PB	25 M	50 M	75 M	100	125	150	175	200 M
								

Coach feedback: